

COMPLICATING THE NARRATIVES

LOOPING PROMPTS

- Describe a frustration you're feeling with **journalism right now**.
- What is a **difficult conflict** you're dealing with/have dealt with, personally or professionally?
- Think about a time when you had a **strong opinion** about something and it flipped. What changed your opinion?
- Think about a **relationship in your life** that fizzled out for whatever reason. What led to the end of the relationship? How did it feel to lose that friendship?
- Reflect on **something you've recently learned** about. What was it, how has it impacted you?
- What makes you angry? When you get frustrated and upset, **how are those emotions reflected** in your body?
- Think about a time when you went **out of your way** for another person and they did not show gratitude or appreciate your gesture? How does ungratefulness make you feel?
- What's a **question you'd like to raise** with your colleagues? Why this question, what do you hope to learn from the responses?
- Why do you do this work? Why is it **personally important** to you?

